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| **聖人** | **性格強項** | **類別** | **價值觀及態度** |
| **聖若瑟**  **St. Joseph** |  |  |  |
| **聖瑪定‧包瑞斯**  **St. Martin de Porres** |  |  |  |
| **聖施禮華**  **St. Escrivá** |  |  |  |
| **聖葉理諾**  **St. Jerome** |  |  |  |
| **聖貞德**  **St. Joan of Arc** |  |  |  |

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| **聖人** | **性格強項** | **類別** | **價值觀及態度** |
| **聖佳蘭**  **St. Clare** |  |  |  |
| **聖斐理伯‧內利**  **St. Phillip Neri** |  |  |  |
| **聖女小德蘭**  **St. Teresa of Lisieux** |  |  |  |
| **聖老楞佐**  **St. Lawrence** |  |  |  |
| **聖十字若望**  **St. John of the Cross** |  |  |  |

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| **聖人** | **性格強項** | **類別** | **價值觀及態度** |
| **聖鮑思高**  **St. John Bosco** |  |  |  |
| **真福雷永明神父**  **Bl. Gabriele M. Allegra** |  |  |  |
| **聖猶達**  **St. Jude（絕望主保）** |  |  |  |
| **聖方濟各**  **St. Francis of Assisi** |  |  |  |
| **聖馬善樂**  **St. Eugene de Mazenod** |  |  |  |

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| **聖人** | **性格強項** | **類別** | **價值觀及態度** |
| **St. Magdalene of Canossa**  **聖瑪大肋納嘉諾撒** |  |  |  |
| **聖安德肋**  **St. Andrew** |  |  |  |
| **聖道明**  **St. Dominic** |  |  |  |
| **聖德蘭修女**  **St. Teresa of Calcutta** |  |  |  |
| **聖雷孟**  **St. Raymond（教會法編撰者）** |  |  |  |
| **聖若望保祿二世**  **St. John Paul II** |  |  |  |

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| **聖人** | **性格強項** | **類別** | **價值觀及態度** |
| **聖依納爵**  **St. Ignatius** |  |  |  |
| **聖若翰洗者**  **St. John the Baptist** |  |  |  |
| **聖保祿**  **St. Paul** |  |  |  |
| **聖多默‧摩爾**  **St. Thomas More** |  |  |  |
| **聖本篤**  **St. Benedict** |  |  |  |
| **聖多瑪斯**  **St. Thomas Aquinas** |  |  |  |